THE BRIAN FRY MEMORIAL OPEN 25

PROMOTED BY

CC BLAENAU GWENT /JENNECCA

SUNDAY 11TH MAY R25/7

STARTING TIMEKEEPER DES WARD FINISHING TIMEKEEPER JULIA JONES

EVENT SEC:IAN DAVIES ,77 CURRE ST ,CWM ,EBBW VALE NP23 7RE TEL 01495 440544 MOB / ON THE DAY 07866 900915 COMPLAINTS REGARDING THE EVENT SHOULD BE MADE IN WRITING TO THE PROMOTING SECRETARY WITHIN 24 HRS

EVENT HEADQUARTERS - USK SCOUT HALL OPEN FROM 7.30 AM

(SCOUT HALL IS OPPOSITE USK PRISON BY THE MEMORIAL HALL)

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ IN THE INTERESTS OF YOUR OWN SAFETY ,CYCLING TIME TRAILS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A <u>HARD SHELL HELMET</u> THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD.IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE NEW REGULATION 15

Start opposite northeastern end of iron gate on right, 125 yards south west of "Bends for 1 1/2 miles" sign on the old Usk/Raglan road. Proceed towards Usk. At foot of hill turn left (M) and left again (M) onto A472 and proceed to take left hand lane at Llangeview interchange (M) where join A449. Proceed via Raglan interchange (M) where road becomes the A40. Continue to pass picnic area (11.757 miles) and through tunnel (12.5 miles point is 100 yds inside the tunnel). After tunnel bear left (M) and in 300 yards at garage (M) turn left with great care on B4293. Cross over tunnels and in 2-3 miles keep straight on on unclassified road to rejoin the A40 at Mitchel Troy (M). (Sign Mitchel Troy 14.367 miles) Retrace via Raglan interchange and at Llangeview bear left (M) to leave A449 and proceed on A472 to: Finish opposite 2nd drain cover on right, 25 yards beyond tele pole No DP63 and 350 yards beyond rear of sign reading A449/B4235 on approach to Usk.

	FASTEST	VET ON	FASTEST	FASTEST	FASTEST
		STD	WOMAN	VET	TEAM OF 3
1ST	£45	£30	£25	£25	£10pp
2ND	£35	£20	£15		
3RD	£25				

PRIZES KINDLY DONATED BY JENNECCA TRAVEL

ONE RIDER ONE PRIZE EXCEPT TEAM PRIZE