# PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRAILS UNDER THEIR RULES AND REGULATIONS

### THE BRIAN FRY MEMORIAL OPEN 25

### **PROMOTED BY**

## CC BLAENAU GWENT /JENNECCA

SUNDAY 8<sup>TH</sup> MAY R25/7a

STARTING TIMEKEEPER DES WARD FINISHING TIMEKEEPER ROBIN FIELD

**EVENT SEC:IAN DAVIES ,77 CURRE ST,EBBW VALE .NP23 7RE** 

TEL 01495 440544 MOB / ON THE DAY 07866 900915 COMPLAINTS REGARDING THE EVENT SHOULD BE MADE IN WRITING TO THE PROMOTING SECRETARY WITHIN 24 HRS HEADQUARTERS RAGLAN OLD CHURCH HALL RAGLAN NP15 2EN OPEN FROM 7.30AM.

#### RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ

IN THE INTERESTS OF YOUR OWN SAFETY ,CYCLING TIME TRAILS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A <u>HARD SHELL HELMET</u> THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD.IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE NEW REGULATION 15

R25/7a OS References: Sheet 161 - Start 426086 Finish 413079 ====Start on Raglan - Mitchel Troy Unclassified road at old FH post alongside drain 10 yards north-east of 'Dorivore' dwelling and approx 100 yards north-east of Road Junction sign on opposite side of road, a mile north-east of Raglan.Proceed north-eastwards, passing John Deere tractors Troy (4.034 miles) where turn left with care to join A40. Continue past Services to take first exit to continue on A40 (where road leaves A449) to Raglan roundabout (9.120 miles) where take 3rd exit (A40) to Abergavenny (Hardwick) roundabout (16.720 miles). Encircle roundabout taking 6<sup>th</sup> exit (17.281 miles) and retrace on A40 to Raglan roundabout (24.765 miles) where take 2nd exit (A40) to finish 350 yards east of roundabout in line with lamp standard WB103 at far end of lay-by on left (25.016 milesdepot towards Monmouth to junction with A40, one mile west of Mitchel).

	FASTEST	VET ON	FASTEST	FASTEST	FASTEST
		STD	WOMAN	JUNIOR	TEAM OF 3
1ST	£40	£30	£30	£10	£10pp
2ND	£30	£20	£20		
3RD	£20	£10	£10		

ONE RIDER ONE PRIZE EXCEPT TEAM PRIZE