

THIS EVENT IS BEING  
promoted for and on behalf of cycling time  
trials under their rules and regulations



# CWMCARN PARAGON CYCLING CLUB

Founded 1933

OPEN

25 MILES TIMETRAIL  
ON  
SATURDAY AUGUST 18th 2012

COURSE R25/7  
TIMEKEEPERS  
MR. TUDOR THOMAS  
MR. LEN. SAMUEL  
RECORDER  
MR. TONY CARPENTER.

TIME OF START 15.00  
EVENT SEC.  
MR LEN SAMUEL  
7 BRYNHYFRYD ST,  
PONTLLANFRAITH  
GWENT  
NP122BP

TEL.01495 225097  
07885461763

## PRIZES

NOTE. ONE RIDER ONE PRIZE EXCEPT TEAM AWARDS

|                     |                        |
|---------------------|------------------------|
| 1st FASTEST: £25.00 | 1st FASTEST VET £20.00 |
| 2nd FASTEST £20.00  | 2nd FASTEST VET £15.00 |
| 3rd FASTEST £15.00  | 3rd FASTEST VET £10.00 |
| 4th FASTEST £10.00  | 4th FASTEST VET £ 5.00 |

1st FASTEST WOMAN £10.00 2nd FASTEST WOMAN £5.00

1st VET ON STANARD £15.00 2nd ON STANARD 10.00

1st JUNIOR £5.00

FASTEST TEAM OF THREE RIDERS £5.00 EACH

COURSE DETAILS. START OPPOSITE NORTHEASTERN END OF IRON GATE ON RIGHT.  
125yds. SOUTH WEST OF BENDS FOR 1.5 MILES SIGN ON THE USK-RAGLAN  
ROAD. PROCEED TOWARDS USK. AT FOOT OF HILL TURN LEFT. AND LEFT AGAIN  
ONTO A472 AND PROCEED TO TAKE LEFT HAND LANE AT LLANGEVIEW INTERCHANGE.  
WHERE JOIN A449. PROCEED VIA RAGLAN INTERCHANGE WHICH BECOMES THE A40.  
CONTINUE TO PASS PICNIC AREA. 11.757 MILES. AND THROUGH TUNNEL.  
12.5 MILES POINT IS 100yds. INSIDE THE TUNNELS. AFTER BEAR LEFT AND IN  
300yds. AT GARAGE TURN LEFT WITH GREAT CARE ON B4293. CROSS OVER TUNNELS  
AND IN 2-3 MILES KEEP STRAIGHT ON ON UNCLASSIFIED ROAD TO REJOIN THE  
A40 AT MITCHEL TROY. (SIGN MITCHEL TROY 14.367 MILES) RETRACE VIA RAGLAN  
INTERCHANGE AND AT LLANGEVIEW BEAR LEFT TO LEAVE A449 and proceed on  
A472 TO: FINISH OPPOSITE 2nd DRAIN COVER ON RIGHT. 25yds. BEYOND TELE. POLE  
NO, DP63 AND 350yds. BEYOND REAR OF SIGN READING A449-B4235 ON APPROACH  
TO USK: