#### **Important Notice to all Riders**

The OVW, CTT and Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards. A working rear light fixed to the bike and operating in continuous or flashing mode is recommended.

For ALL Riders under the age of 18 these helmets are COMPULSORY.

Marshalls will be positioned around the course they are there to show you the way, they have no authority over the traffic.

Please be familiar with the course, so there are no surprises.

It is the Riders responsibility to ride within the laws of the road and with consideration to other road users, please do so.

Numbers will be at HQ Return your number for a free tea.

#### Course Description R25/3H

It is your responsibility to read, understand and safely complete the course.

OS References: Sheet 159/160 - Start 915069 Finish 886064 Start on unclassified road between Hirwaun Industrial Estate and Cefn Rhigos village at Bus Stop sign in lay-by opposite side road (Heol-y-Graig) signed "Rhigos 1/4". Proceed eastwards to rbt with A4061 where take 2nd exit (straight on) and to rbt with A465 where take 1st exit. Proceed westwards along A465 to Blaengwrach rbt where take 2nd exit (straight on) to Resolven rbt (10.523 miles) where take 2nd exit (straight on) to continue on A465 to first junction to left signed A4109. Bear to left, around the loop to Tonna rbt (15.431). Take 1st exit to next rbt where circle rbt WITH CARE to take 4th exit to rejoin A465 eastwards. Retrace to Resolven rbt (20.075) where take 2nd exit on A465 to Blaengwrach rbt. Continue on A465 over river Neath bridges and past Glynneath interchange with A4109, to first lay-by where FINISH 53 yards beyond 1st "Take Litter Home" sign. 25.014 miles.

Continue past the finish along the A465 to return to HQ.

All riders are asked to comply with the following requests

DO NOT park or stop your car within sight of the starting or finishing timekeeper.

DO NOT leave your number flapping - four pins are supplied for each - USE THEM

DO NOT allow friends and relations to follow you around the course - it's not allowed.

DO call your number to the finishing timekeeper or your time may not be recorded.

DO keep your head up, be aware of your surroundings and HAVE A SAFE RIDE

### **Event Secretary:**

Allan Wardhaugh The Lodge, Talygarn, Pontyclun 07792 724367

Any complaints regarding the event must be made in writing to the Event Secretary within 24hrs





Promoted for and on behalf of Cycling Time Trials under their rules and regulations

### The Carl Roach Memorial '25'

promoted by the

### Ogmore Valley Wheelers

Date: 29th April 2012

Starting Timekeepers – Robin Field Finishing Timekeeper – Norman James Course: R25/3H Revised HQ open 7.30 am

HQ - Rhigos Community Sports Centre, (next to rugby club) Cwm Hunt Rd, Rhigos. CF44 9HJ

#### **Awards**

Main event

1st, 2nd, 3rd 1st Vet 1st Vet on standard

Overflow

1st, 2nd, 3rd Women 1st, 2nd, 3rd Junior

The prizes will be presented at the event at 11.00am and 1pm
Please see the start sheet for details
We appreciate that you may want to leave quickly, but please stay to applaud the prize winners.

# **Main Event**

No	Name	Club	Cat	Start time		
1	Stephen Wilkins	Walsall RCC	V	10:01		
2	Alex Walsh	Yeovil CC	S	10:02		
3	Paul Stephens	Ross on Wye & District CC	V	10:03		
4	Tim Day	Born to Bike (Bridgtown Cycles)		10:04		
5	Earl Smith	Royal Dean Forest CC V		10:05		
6	Andrew Sparks	Hereford & Dis Whs CC V		10:06		
7	Alistair James Morgan	Cwmcarn Paragon Road Club	V	10:07		
8	Derek Hodgins	Stockport Clarion	V	10:08		
9	Keith Burfoot	Bristol RC	V	10:09		
10	Peter Weir	Banjo Cycles.com	S	10:10		
11	John Hughes	Porth & District CC	V	10:11		
12	Russ White	Forza Cycles RT	S	10:12		
13	Alan Taylor	Ross on Wye & District CC	V	10:13		
14	Delwyn Jones	Ross on Wye & District CC V Wrekin Sport CC V		10:14		
15	Darran Carpenter	Cwmcarn Paragon	S	10:15		
16	Stephen Potts	Somerset RC	V	10:16		
17	Richard Spink	strada cycles - SCU	S	10:17		
18	Dave Pitt	Charlotteville CC	V	10:18		
19	Anthony Cowdry	VC L'Escargot	S	10:19		
20	Kieron Davies	Bynea Cycling Club	S	10:20		
21	Paul Granger	Fairly United Cycle Team	V	10:21		
22	Jonathan Wilkinson-Lockyer	Team Tor 2000	V	10:22		
23	Martin Latewood	CC Blaenau Gwent	V	10:23		
24	Michael George	Pembrokeshire Velo	s	10:24		
25	Hugh Davies	Port Talbot Whs CC	V	10:25		
26	Richard Howes	Coventry Road Club	V	10:26		
27	Sean Walsh	Yeovil CC	V	10:27		
28	Steve Elcocks	Wrekin Sport CC	V	10:28		
29	Karl Davies	Stourbridge Velo	V	10:29		
30	Colin Wallace	Merthyr CC	V	10:30		
31	Matthew Nicholls	Walsall RCC	s	10:31		
32	Christopher Phillips	Abercynon Road Club		10:32		
33	Jon Vickery	Cwmcarn Paragon Road Club		10:33		
34	Andrew Lawrence	1st Chard Wheelers		10:34		
35	Andre Dyason	Team Swift		10:35		
36	Andrew Dalling	North Devon Wheelers - Southfork		10:36		
37	Steuart Saunders	Somerset RC		10:37		
38	Andrew Stokoe	Cwmcarn Paragon	S	10:38		
39	Mike Logue	Fairly Utd Cycle Team		10:39		
40	Scott Westwood	Walsall Roads Cycling Club	V	10:40		

# Overflow/Women/Junior/Tandem (81 - 120)

No	Name	Club		Start time		
81	Andrew Williams	Merthyr CC		9.21		
82	Gerry Peppin	Corinium CC	V	9.22		
83	Paul Griffiths	Acme Wheelers	V	9.23		
84	Andrew Wellings	Somerset RC	V	9.24		
85	Andrew Wright	High Wycombe CC	V	9.25		
86	David Moran	1st Chard Wheelers	V	9.26		
87	John Cornfield	Born to Bike (Bridgetown Cycles)	S	9.27		
88	Derek Morgan	Gannet CC	V	9.28		
89	Justin Ford	CC Blaenau Gwent	V	9.29		
90	Jeff Chambers	Bynea CC	V	9.30		
91	Adrian Louis Adams	Cardiff Ajax CC	V	9.31		
92	Allen Janes	Bristol South CC	V	9.32		
93	Roger Dunbar	VC L'Escargot	V	9.33		
94	Debbie Clark	Hereford & Dis Whs CC	W	9.34		
95	Clare Ella	Born to Bike (Bridgtown Cycles)	W	9.35		
96	Rachael Elliott	Newbury RC	W	9.36		
97	Natalie Bent	PM Racing (PMR)	W	9.37		
98	Catherine Etchell	Hirwaun Wheelers	W	9.38		
99	Michelle King	Team Jewson - MI Racing - Thule - CNP	W	9.39		
100	Lynn Hamel	HerbalifeLakesLeisureBikes \(\frac{1}{2}\)		9.40		
101	Claire Day	Born to Bike (Bridgtown Cycles)		9.41		
102	Rebecca Leaper	North Shropshire Wheelers W		9.42		
103	Sally Harmer	Ystwyth CC W		9.43		
104	Emma Hadley	Hereford & Dis Whs CC		9.44		
105	Christine McLean	Shetland Wheelers		9.45		
106	Sarah Lloyd-Stephens	Hereford & Dis Whs CC		9.46		
107	Kate Bosley	San Fairy Ann		9.47		
108	Paula Moseley	Climb on Bikes RT	W	9.48		
109	Margaret Coyle			9.49		
110	Lynne Taylor	Born to Bike-Bridgtown Cycles		9.50		
111	Carole Gandy	Club PM Racing	W	9.51		
112	Dawn Smith	Worcester St. Johns CC	W	9.52		
113				9.53		
114	Scott Davies	M & D Kinetica		9.54		
115	Curtis Rowe	Yeovil CC		9.55		
116	Tom Bowering	Performance Cycles		9.56		
117	Luke Davies	Chippenham & Dist. Whs		9.57		
119	Tony & Shirley Howell	Tony & Shirley Howell Port Talbot Wheelers		9.59		

## Overflow/Women/Junior/Tandem 41 - 80

### **Main Event 41 - 80**

No	Name	Club	Cat	Start time
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56	Steven Madeley	Ogmore Valley Whs	V	8.56
57	Alan Cooper	Avonlea Treasure RT	V	8.57
58	Paul Lambert	Chippenham & Dist. Whs	V	8.58
59	Toby Hopper	Cardiff Ajax CC	S	8.59
60	Gareth Gregory	Port Talbot Wheelers	S	9.00
61	Jeremy Jones	Port Talbot Wheelers	V	9.01
62	Tom Samuel	Bynea CC	V	9.02
63	Neil Boyle	Mid Shropshire Wheelers	V	9.03
64	Justin Parker	Cardiff Ajax CC	S	9.04
65	Jonathan Griffin	Cycology Bikes	V	9.05
66	Andy Kelly	Bristol South CC	V	9.06
67	Allan Renyard	Guernsey Velo Club	V	9.07
68	Gareth Lynch	Cardiff Ajax	S	9.08
69	Yan Keene	Bristol South CC	V	9.09
70	John Littlewood	Port Talbot Whs CC	S	9.10
71	Chas Ryder	Cardiff Ajax CC	V	9.11
72	Nicholas Forbes	Bynea CC	V	9.12
73	Arthur Thomas	Energy Cycles	V	9.13
74	Ed Hadley	Hereford & Dis Whs CC	V	9.14
75	Paul Greer	Merthyr CC	V	9.15
76	Peter Wilson	Bath CC	V	9.16
77	Stephen Ratcliffe	Brecon Wheelers	V	9.17
78	Lee de Grey	Cardiff 100 Milers	V	9.18
79	Clive Chappe	Ross on Wye & District CC	V	9.19
80	John Thompson	Severn Road Club	V	9.20

No	Name	Club		Start time	
41	Rod Hicks	Port Talbot Wheelers		10:41	
42	Andrew Legge	Bristol South CC		10:42	
43	Paul Edwards	Walsall Roads CC		10:43	
44	Jeff Adams	Pontypool RCC V		10:44	
45	Andy Winterbottom	Somerset RC	V	10:45	
46	Jeremy Pile	VC Sevale (Malvern)	S	10:46	
47	Matthew Rowley	Oxonian CC	V	10:47	
48	David Wood	Wyre Forest CRC	V	10:48	
49	Gordon Butler	Hereford & Dis Whs CC	V	10:49	
50	David Watson	Coventry Road Club	V	10:50	
51	Gareth Pugh	Cwmcarn Paragon Road Club	S	10:51	
52	Russell Morris	Rugby RCC	V	10:52	
53	Chris Hughes	Hereford & Dis Whs CC	V	10:53	
54	Mick Daniels	Somerset RC	S	10:54	
55	Guy De Selincourt	Camel Valley CC	V	10:55	
56	Jeremy Summers	Minehead CC	S	10:56	
57	David Evans	Worcester St Johns	V	10:57	
58	Peter Murrieri	M&D Cycles-Specialized		10:58	
59	Cliff Voller	Newbury Road Club		10:59	
60	Jon Wynn	Northover VT/ Rudy Project		11:00	
61	David Dickerson	Team Echelon - Rotor		11:01	
62	John Aspell	Forza Cycles		11:02	
63	Tony Hudson	CC Blaenau Gwent		11:03	
64	Mark Alexander	Ogmore Valley Whs		11:04	
65	James Heaton	LeisureLakesBikes.com	V	11:05	
66	Henry Benning	North Devon Wheelers		11:06	
67	Rob Jones	Ogmore Valley Wheelers	S	11:07	
68	Mike Broadbent	Bynea CC	V	11:08	
69	Mark German	1st Chard Wheelers	V	11:09	
70	Scott Burns	Manchester Wheelers Club	S	11:10	
71	Jason Bohin	Avonlea/Treasure RT	V	11:11	
72	Richard Davidson	Poole Whs	V	11:12	
73	Paul Coles	Chippenham Wheelers		11:13	
74	John Murphy	Gloucester City CC (Rudy Project)		11:14	
75	William Bevan	Ross on Wye & Dist CC		11:15	
76	Anthony Mark Jones	Towy Racing Cycling Club		11:16	
77	Chris Paling	Avonlea Treasure RT		11:17	
78	Mark Shepherd	Banjo Cycles.com		11:18	
79	John Bosley	San Fairy Ann	V	11:19	
80	Andy Bason	on Team Pedal Revolution.co.uk		11:20	

## Overflow/Women/Junior/Tandem 1 - 40

No	Name	Club	Cat	Start time	No	Name	Club	Cat	Start time
81	Stuart Evans	Port Talbot Wheelers	V	11:21					
82	Kevin Jones	M & D Cycles Specialised	V	11:22				<u> </u>	
83	Daniel Kempe	Bristol South CC	V	11:23					
84	Peter Cockbain	South Bucks Road Club	V	11:24					
85	Ian Greenstreet	Newbury RC	V	11:25					
86	Christopher Jones	M & D Cycles Specialised	V	11:26					
87	Paul Fallon	Ross on Wye & District CC	V	11:27					
88	Mark Williams	VC L'Escargot	V	11:28					
89	Brian Jones	Halesowen A&CC	V	11:29					
90	Rob Pears	Bath CC	V	11:30					
91	Phil Brown	Didcot Phoenix CC	V	11:31					
92	Mark Woolford	Chippenham & Dist. Whs	V	11:32					
93	Derek Dowdeswell	Gloucester City CC	V	11:33					
94	Gary Sparkes	RAF CA	S	11:34					
95	Simon Bridge	Manchester Wheelers Club	V	11:35					
96	Michael Portlock	Club VC L'Escargot	V	11:36					
97	Preston Eckloff	Warwickshire RC	V	11:37					
98	Phil Guy	North Shropshire Wheelers	V	11:38					
99	Robin Shedden	Wrekinsport CC	V	11:39					
100	Simon Harradine	Team Echelon-Rotor	S	11:40					
101	Luke Cornish	Cwmcarn Paragon Road Club	S	11:41					
102	Howard Waller	Oxford City RC	V	11:42					
103	Ray Retter	North Devon Wheelers	V	11:43					
104	Les Thomas	Port Talbot Whs CC	V	11:44					
105	Gavin Atkins	Hemel Hempstead CC	S	11:45					
106	Tom Cox	Club Nothover VT/ Rudy Project	V	11:46					
107	Emyr Griffiths	Bynea CC	V	11:47					
108	John Shehan	Bynea CC	V	11:48					
109	Barry Williams	Cardiff 100 miles RCC	V	11:49					
110	Adam Topham	High Wycombe CC	V	11:50					
111	Arwel Davies	Bynea Cycling Club	S	11:51					
112	Michael Bowering	Swindon RC	V	11:52					
113	Scot Davies	Cardiff Ajax CC	S	11:53					
114	Matthew Clarke	Chippenham & Dist. Whs	V	11:54					
115	Jerone Walters	Velo Club St Raphael	S	11:55					ļ
116	Tony Harvey	Mid Shropshire Wheelers	V	11:56					
117	David Leighton	Severn Road Club	S	11:57					ļ
118	Neal Craig	Forza Cycles RT	V	11:58					ļ
119	Andy Parker	Royal Dean Forest CC	S	11:59					
120	Michael Hutchinson	In-Gear Quickvit Trainsharp RT	S	12:00					