Numbers will be at HQ, Free Refreshments on return of number

Course Description for R10/22a (revised)

START on Vale of Neath Supplier Estate service road (opposite Lamp Post No.18. Proceed eastwards along service road to Resolven Roundabout (0.458 miles). (N.B. Safety Notice:- Do not cross the centre line of road on right hand bend). Take 1st. left along A465 dual carriageway westbound to 1st turn-off to left (4.862 miles). Climb to Tonna Roundabout where take 1st exit left to Aberdulais Interchange. Take 4th.exit (5.505 miles) down slip road to re-join A465. Proceed eastbound to Resolven Roundabout where take 1st.exit to FINISH at access road to Canal Car Park on cross-valley link road (10.006 miles).

All riders are asked to comply with the following requests

DO NOT park or stop your car within sight of the starting or finishing timekeeper.

DO NOT leave your number flapping - four pins are supplied for each - USE THEM

DO NOT allow your friends and relations to follow you around the course - it's not allowed.

DO call your number to the finishing timekeeper or your time may not be recorded.

DO keep your head up, be aware of your surroundings and HAVE A SAFE RIDE

Important Notice to all Riders

The WCA, CTT and Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards. For ALL Riders under the age of 18 these helmets are COMPULSORY.

Marshall's will be positioned around the course they are there to show you the way, they have no authority over the traffic.

Please note we are not allowed to place direction arrows on the Dual Carriageway, please ensure you are familiar with the course, so there are no surprises. It is the rider's responsibility to ride within the laws of the road and with consideration to other road users, so please do so

Any complaints regarding the event must be made in writing to the Event Secretary within 24hrs. The full result of this event will be published on www.welshcycling.org

Port Talbot Wheelers CC. In Conjunction with its sponsors CJ Construction Wales Ltd. and Lyndonjones@hotmail.co.uk Present

An Evening 10 Mile Time Trial

Date: Tuesday 16th July 2013

Promoted for and on behalf of Cycling Time Trials under their rules and regulations
Starting Timekeeper – Robin Field
Finishing Timekeeper – Tudor Thomas

Course R10/22a (revised), 18:00

Awards

One Rider One Prize!

Fastest Rider: £25
Second Fastest Rider £20
Third Fastest Rider, £15
Fastest Lady £15
Fastest Veteran on Standard £20
Second Fastest Veteran on Standard £15
Third Fastest Veteran on Standard £10

We appreciate that you may want to leave quickly, but please stay to applaud the prize winners.

Headquarters.

TRW Club Resolven, which will be open from 4.30pm. **Event Secretary:**

G Jones, Eryri, 77 Ewenny Road, Bridgend, CF31 3HY Mobile 07818 097980