

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

## Sunday 21st August 2016 - R25/3H - 9:00 am

Timekeepers - Start: Len Samuel, Finish: Robin Field

Event Sec: Martyn Heritage-Owen – 28, CF3 0EJ. Email: <a href="mailto:coaching@realteam.co.uk">coaching@realteam.co.uk</a>. Complaints and reporting accidents should be made in writing to the promoter within 24hrs.

<u>HQ - Rhigos Rugby Club (CF44 9HJ) – open from 8am</u> Parking at the car park is limited but there is overflow parking on the road outside. Please park responsibly and ensure the road outside is clear. Please leave spaces outside the rugby club itself for the officials. Changing facilities and showers are available. To get to the start turn right out of the car park and follow the road to the T junction. Turn right and proceed to the industrial estate first left. All riders are asked to comply with the following requests.

- ✓ Sign on at the HQ.
- ✓ Do **call your number** to the finishing timekeeper or your time may not be recorded.
- ✓ Do keep your head up, be aware of your surroundings and HAVE A SAFE RIDE.
- ✓ IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear protective helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
- √ This event may be subject to doping control. It is YOUR responsibility to check.
- ✓ No passing the start time keeper or warming up on the course.
- ✓ No turbo within 100m of residential areas, especially the residential part of Halt Rd near the start. South Wales DC have already received complaints about riders parking across drives. The R25/3L has already been withdrawn because of nuisance complaints it seems riders still haven't got the message we are guests in the Rhigos Village area.
- ✓ No anti-social behaviour especially urinating in public.

<u>Failure to follow these basic rules will result in a DQ & referral to the South Wales DC and you have been fair warned that someone will be performing spot checks.</u>

**Turn** - Please familiarise yourself with the on-slip back onto the A465. Whatever we do the odd rider still manages to go off course. The marshals have been given instructions only to stand by the exit to reduce confusion but it is your responsibility to do your own research.

TIP: Riders generally try and turn down the old Rd but Trunk Rd signs are in GREEN;)

<u>Reserves.</u> The event was heavily oversubscribed and I had to return a number of entries. Please let me know so as soon as possible if are not going to ride so they can get a ride. However, if that is on the day please text me, don't call because by then I will probably be pushing off and have limited time. Note: The Men's event closed on 55:52 and the overflow on a 1:02.47.

R25/3H - Course Description	Miles
START on access rd to Hirwaun Ind Est (E 293120/ N206180 OS 170/160) 8 yards north of lamp column	0.000
No.1 & 30 yards north of junction with unclassified rd (old A465) Hirwaun to Cefn Rhigos.	
Proceed south to junction with unclassified road (on to the old route) and bear left to rbt with A4061	1.306
(Rhigos mountain rd) where take 2 <sup>nd</sup> exit (straight on) to Hirwaun rbt A465 to take first exit.	
Continue along A465 to Blaengwrach roundabout (McDonalds) to take second exit (straight on).	7.169
Continue on A465 to Resolven roundabout to take third exit (straight on)	10.183
Continue on A465 to exit at next junction (signpost Seven Sisters), climbing to the Tonna rbt, where take	15.063
1st exit to Aberdulais Interchange, circle rbt and take 4th exit down slip road to rejoin the A465 eastward.	
Continue along A465 to Resolven roundabout to take second exit (straight on)	19.719
Continue on A465 to Blaengwrach roundabout (McDonalds).	22.764
Take 2nd exit continuing on A465, passing over river bridge and the Glynneath interchange to <b>REMAIN ON</b>	25.014
A465 to FINISH in the SECOND layby on the left at a point 25 yards west of the 'Take Litter Home' sign and	
opposite the emergency telephone point.	
Continue on A465 up the hill for 4 miles to take 3 <sup>rd</sup> exit at rbt to Rhigos and retrace to HQ.	1

Prizes will be posted or paid by direct transfer once the timing sheets have been checked.

Main Event (one rider one prize):  $1^{st}$  - £40,  $2^{nd}$  - £35,  $3^{rd}$  - £30,  $4^{th}$  - £25,  $5^{th}$  - £20,  $6^{th}$  - £15. Vet  $-1^{st}$  £30,  $2^{nd}$  - £25,  $3^{rd}$  - £20,  $4^{th}$  -£15. Spot prizes  $-1^{st}$  51:00, 52:00, 53:00 & 54:00 - £15

**Overflow, Women's BAR, Jun:** Men  $1^{st}$  - £30,  $2^{nd}$  - £25,  $3^{rd}$  - £20,  $4^{th}$  £15. Spot prize: Male nearest  $45^{th}$  overall - £15. Woman  $-1^{st}$  - £40,  $2^{nd}$  - £35,  $3^{rd}$  - £30,  $4^{th}$  - £25,  $5^{th}$  - £20,  $6^{th}$  - £15. Jun  $1^{st}$  - £20.

**Reserves:** To be allocated as spaces become free in number order.

No	Name	Club	Cat	Lts
131	Gerry Peppin	Corinium Cycle Club	V	01:03:31
132	Phillip Bradshaw	Cwmcarn Paragon Road Club	V	01:04:10
133	John Beaven	1st Chard Wheelers	V	01:04:14
134	Derek Morgan	Gannet CC	V	01:04:34
135	Jonathan Gough	Old Portlians CC	S	01:04:51
136	John Thompson	Severn RC	V	01:04:53
137	Robert Jolliffe	New Forest CC	V	01:06:27
138	Tony Emery	Dursley Road Club	٧	01:06:33
139	Dan Field	Ystwyth CC	S	
140	Nigel Taylor	Cardiff Triathletes	S	
141	Chris Reed	Ogmore Valley Wheelers CC	٧	
142	Peter Warwick	Didcot Phoenix CC	V	
143	Mervyn Wilson	VC 167	V	
144	Steven Macdonald	Bristol South Cycling Club	V	
145	Dean Cummings	Acme Whs (Rhondda) CC	V	

Finally, thank you for your support. I have tried very hard to accommodate within the constraints of two events all the personal requests I've received involving 65 riders. If 've missed anyone or not quite got it right, please forgive me. Have a safe and successful ride!

Martyn

## Overflow

No	Name	Club	Cat	lts	Start
1	Nicholas Smale	Cheltenham & County Cycling Club	S	00:57:00	09:01
2	Howell Mason	Ogmore Valley Wheelers CC	V	00:58:06	09:02
3	David England	Crabwood CC	V	00:59:22	09:03
4	Russell Boon	Avonlea/Treasure RT	V	01:00:01	09:04
5	Steven Madeley	Ogmore Valley Wheelers CC	V	00:56:25	09:05
6	Warren Jackson	Macclesfield Wheelers	V	00:57:37	09:06
7	John Shehan	Bynea Cycling Club	V	00:58:08	09:07
8	Matthew Williams	Cardiff Ajax CC	S	01:00:00	09:08
9	Rich Banks	Calder Clarion	V	01:02:47	09:09
10	David Francis	Pembrokeshire Velo	V	Ineligible	09:10
11	Cliff Voller	Newbury RC	V	00:57:12	09:11
12	Andrew Curley	Warwickshire Road Club	V	00:58:06	09:12
13	Phil Guy	North Shropshire Wheelers	V	00:59:22	09:13
14	Stephen Landeg	Ogmore Valley Wheelers CC	V	01:00:53	09:14
15	Russell White	Forza Cycles	V	00:56:27	09:15
16	Matthew Phillips	Bynea Cycling Club	S	00:57:29	09:16
17	Roger Wood	Pontypool Road Cycling Club	V	00:58:44	09:17
18	David Roe	North Devon Wheelers	V	00:59:53	09:18
19	Geoff Edgerton	North Shropshire Wheelers	V	01:01:59	09:19
20	Steve Evans	Bynea Cycling Club	V	00:56:03	09:20
21	James Barzda	Walsall Roads Cycling Club	S	00:57:09	09:21
22	James Handley	North Shropshire Wheelers	S	00:58:03	09:22
23	Marco Marletta	Cardiff Jif	V	00:59:13	09:23
24	Nick Sexton	Islington Cycling Club	S	01:00:51	09:24
25	Neil Poulton	Ogmore Valley Wheelers CC	S	00:56:31	09:25
26	Gary Jones	Pontypool Road Cycling Club	V	00:57:28	09:26
27	Alan Cooper	Avonlea/Treasure RT	V	00:58:45	09:27
28	Andrew Lawrence	1st Chard Wheelers	V	00:59:45	09:28
29	David Fear	South Pennine RC	V	01:01:05	09:29
30	Richard May	Islington Cycling Club	V	00:56:03	09:30
31	Mike Hazlewood	Saracen RC	V	00:57:00	09:31
32	Mark German	1st Chard Wheelers	V	00:57:21	09:32
33	Dave Poulter	Wrekinsport CC	V	00:59:12	09:33
34	Les Thomas	Port Talbot Whs CC	V	01:00:42	09:34
35	Chris Dyason	Cambridge CC	V	00:56:09	09:35
36	Benjamin Moran	1st Chard Wheelers	S	00:57:28	09:36
37	Gary Jones	Wyre Forest CRC	V	00:58:43	09:37
38	Colin Barrett	Tenby Aces CC	V	00:59:43	09:38
39	Graham Smith	Severn RC	V	01:02:30	09:39
40	Peter Ackroyd	Cheltenham & County Cycling Club	V	00:56:01	09:40
41	Roger Taylor	Frome and District Wheelers	V	00:57:12	09:41
42	Michael Draper	Charlotteville Cycling Club	V	00:58:01	09:42
43	Jason Taylor	Worcester St. Johns CC	V	00:58:55	09:43
44	Carl King	Adalta Cycling Club	V	00:59:23	09:44
45	Hugh Davies	Port Talbot Whs CC	V	00:56:21	09:45
46	Tom Woollard	Northover VT / Rudy Project	V	00:57:23	09:46

Have a safe ride and we hope to see you again in 2017.

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No	Name	Club	Cat	lts	Start
47	Neil Downes	Forza Cycles	V	00:58:40	09:47
48	Terry Anthony	Ogmore Valley Wheelers CC	V	00:59:43	09:48
49	Brad Davies	Bynea Cycling Club	V	01:01:06	09:49
50	Daryl Godden	Gloucester City Cycling Club	V	00:55:55	09:50
51	Chris Hall	Born to Bike - Bridgtown Cycles	V	00:56:58	09:51
52	Simon Kinsey	Acme Whs (Rhondda) CC	V	00:57:59	09:52
53	Alan Allcock	Didcot Phoenix CC	V	00:59:30	09:53
54	Ron Clews	Stourbridge Velo	V	01:00:29	09:54
55	Andrew Hayward	Cwmcarn Paragon Road Club	V	00:56:14	09:55
56	Dan Geisler	Team Echelon - Rotor	S	00:57:17	09:56
57	lan Davies	CC Blaenau Gwent	V	00:58:50	09:57
58	John Murphy	Gloucester City Cycling Club	V	00:59:34	09:58
59	Allen Janes	Bristol South Cycling Club	V	01:01:51	09:59
60	Dan Blake	Oxonian CC	S	00:55:55	10:00
61	Ed Tarelli	Team P B Performance	V	00:56:52	10:01
62	Guy Evans	Hereford & Dist Whs CC	V	00:57:44	10:02
63	Craig Macdonald	Ogmore Valley Wheelers CC	V	00:59:06	10:03
64	Martin Wallis	Team Wallis Race Team	V	01:00:15	10:04
65	Derek Dowdeswell	Gloucester City Cycling Club	V	00:56:26	10:05
66	Charles Crookes	Rutland Cycling Club	V	00:57:20	10:06
67	Jeffrey Rees	Acme Whs (Rhondda) CC	V	00:58:14	10:07
68	Robert Lucas	Port Talbot Whs CC	V	00:59:31	10:08
69	Alan Smith	Gillingham and District Wheelers	V	01:01:14	10:09
70	Mike Broadbent	Swansea Wheelers/CS Abertawe	V	00:56:05	10:10
71	Andy Bevan	Velo Club St Raphael	V	00:56:50	10:11
72	Jon Vickery	Cwmcarn Paragon Road Club	V	00:57:56	10:12
73	David Lancaster	VC 10	٧	00:58:55	10:13
74	Richard Hier	EC Cycles	S	01:00:04	10:14
75	Thomas Pfeiffer	Dulwich Paragon CC	V	00:56:10	10:15
76	Graham Green	Team Bottrill	V	00:57:18	10:16
77	James Harrison	Media Velo	S	00:58:34	10:17
78	Olav Martin-Giles	Media Velo	V	00:59:11	10:18
79	Ed Hadley	Hereford & Dist Whs CC	V	01:01:55	10:19
80	Luke Seal	NFTO Race Club	S	00:55:54	10:20
81	Clayton Edge	Twickenham CC	٧	00:56:31	10:21
82	Logan Mort	Hereford & Dist Whs CC	S	00:58:01	10:22
83	Nigel Croxford	High Wycombe CC	V	00:59:12	10:23
84	Luke Smith	Bristol South Cycling Club	V	01:01:04	10:24
85	Paul Stephens	Ross on Wye & Dist CC	V	00:56:14	10:25
86	Rob Hall	Salt and Sham Cycle Club	V	00:57:58	10:26
87	Garry Shuker	Walsall Roads Cycling Club	V	00:58:13	10:27
88	Robert Smith	Warwickshire Road Club	V	01:00:29	10:28
89	Tim May	Media Velo	S	01:02:25	10:29
90	Sergio Henriques	Guernsey Velo Club	V	00:55:55	10:30

## Women & Juniors

No	Name	Club	Cat	LTS	Start
91	Devon Round	Mid Shropshire Wheelers	Jun	00:52:15	10:31
92	Max Mcmurdo	SSLL Racing Team	Jun	00:54:03	10:32
93	Adrian Lane	1st Chard Wheelers	Jun	00:56:43	10:33
94	Ross Holland	Cheltenham & County Cycling Club	Jun	00:58:29	10:34
95	Peter Kibble	73 Degrees Bicycles	Jun	00:51:19	10:35
96	Crystal Spearman	NOPINZ	W	00:55:04	10:36
97	Tracy Rowlinson	Lyme Racing Club	WV	01:00:12	10:37
98	Emma Hadley	Hereford & Dist Whs CC	W	01:07:25	10:38
99	Annamarie Miles	Salt and Sham Cycle Club	W	01:19:21	10:39
100	Clarice Chung	SSLL Racing Team	W	00:54:13	10:40
101	Andrea Parish	Camel Valley C & TC	WV	00:55:51	10:41
102	Nadine Cannon	Acme Whs (Rhondda) CC	W	00:58:56	10:42
103	Catherine Etchell	Brecon Wheelers	WV	01:01:00	10:43
104	Julie Stephens	Ross on Wye & Dist CC	WV	01:08:52	10:44
105	Mary Bower	Chelmer CC	W	00:55:46	10:45
106	Gina Riley	Chester RC	W	00:56:10	10:46
107	Kari Jones	Ride Bike Wales	W	01:00:10	10:47
108	Claire Clementson	Wigan Whs CC	W	01:02:53	10:48
109	Fenella Brown	Warwickshire Road Club	WV	01:04:40	10:49
110	Alice Lethbridge	Starley Racing	W	00:54:11	10:50
111	Anna Dearing	Colchester Rovers CC	WV	00:55:50	10:51
112	Joanna Knight	Bristol South Cycling Club	WV	00:58:43	10:52
113	Gaynor Hughes	Bynea Cycling Club	WV	01:00:27	10:53
114	Michelle Robertson	Abercynon Road Club	WV	01:02:13	10:54
115	Sarah Storey	Podium Ambition Pro Cycling	W	00:55:57	10:55
116	Rachael Mellor	Holmfirth C C	WV	00:58:30	10:56
117	Sue Rust	Kettering CC	WV	00:59:17	10:57
118	Diane Wilson-Evans	Bynea Cycling Club	WV	01:03:13	10:58
119	Karen McBarrons	Gaskell Dental Velo	WV	01:07:47	10:59
120	Hayley Simmonds	AeroCoach	W	00:49:28	11:00

## Men

No	Name	Club	Cat	LTS	Time
1	Les Liddiard	Team Jewson - MI Racing	V	00:52:02	11:01
2	Joe Schvartz	Team Swindon Cycles	V	00:54:01	11:02
3	Martin Osman	Team Echelon - Rotor	V	00:55:06	11:03
4	Jon White	Pro Vision Cycle Clothing	S	00:55:51	11:04
5	Richard Bradley	Media Velo	V	00:50:44	11:05
6	Ross Davies	NFTO Race Club	S	00:52:39	11:06
7	Tom Bertenshaw	Severn RC	S	00:53:30	11:07
8	David Wilson-Evans	Bynea Cycling Club	V	00:54:23	11:08
9	Stuart Evans	Port Talbot Whs CC	V	00:55:24	11:09
10	James Middleton	Media Velo	S	00:50:40	11:10
11	Robert Watson	Team Velovelocity	V	00:52:03	11:11
12	Evan Powell	Pontypool Road Cycling Club	S	00:53:15	11:12
13	Greg Dancer	Stone Wheelers CC	V	00:54:03	11:13
14	James Stuart	Norwood Paragon CC	V	00:55:10	11:14
15	Chris Herbert	Redhill CC	S	00:51:00	11:15
16	Mark Morgan	Derby Mercury R C	V	00:52:43	11:16
17	Wayne Thomas	Pontypool Road Cycling Club	V	00:53:40	11:17
18	Christopher Edginton	Fairly United Cycling Team	V	00:54:37	11:18
19	Mark Ellis	Team Milton Keynes	V	00:55:11	11:19
20	Darren Gardner	Bath Cycling Club	V	00:49:34	11:20
21	Paul Granger	Fairly United Cycling Team	V	00:51:38	11:21
22	Stephen Vanes	Wyre Forest CRC	S	00:53:14	11:22
23	Paul Clarkson	Kingston Wheelers CC	V	00:53:56	11:23
24	Simon Drewett	Fairly United Cycling Team	V	00:54:43	11:24
25	Dael Sidwell	Hinckley Cycle Racing Club	V	00:50:17	11:25
26	Gavin Lewis	North Road CC	S	00:52:15	11:26
27	Richard Long	Merthyr CC	S	00:53:38	11:27
28	Roger Wrenn	Macclesfield Wheelers	V	00:54:09	11:28
29	Daniel Watts	Royal Air Force Cycling Association	S	00:55:52	11:29
30	Gavin Hinxman	Kettering CC	V	00:49:28	11:30
31	Russell Jelly	Team Bottrill	S	00:51:50	11:31
32	Edward Priddy	Solihull CC	V	00:52:50	11:32
33	Jim Curry	VC Equipe - Flix Oral Hygiene	V	00:53:41	11:33
34	Peter Blackwell	Solihull CC	V	00:55:06	11:34
35	Paul Ashley	Fareham Wheelers CC	V	00:49:16	11:35
36	Terry Icke	Newport (Shropshire) CC	V	00:52:38	11:36
37	Nigel Clementson	Wigan Whs CC	V	00:53:35	11:37
38	Gerry McGarr	Gloucester City Cycling Club	V	00:54:28	11:38
39	Steve Mountford	Solihull CC	V	00:55:51	11:39
40	Michael Ellerton	Team Swift	V	00:49:18	11:40
41	Justin Ford	CC Blaenau Gwent	V	00:51:39	11:41
42	Sean Townsend	Gloucester City Cycling Club	S	00:52:47	11:42
43	Andrew Rowles	Cardiff Ajax CC	S	00:53:50	11:43
44	Nigel Jones	Gloucester City Cycling Club	V	00:55:22	11:44
45	Graeme Boswell	Cardiff Ajax CC	V	00:50:39	11:45
46	John Dowling	Hemel Hempstead CC	V	00:52:38	11:46

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No	Name	Club	Cat	LTS	Time
47	Nick Young	Yeovil Cycling Club	V	00:53:35	11:47
48	Neil Gregory	Port Talbot Whs CC	V	00:54:20	11:48
49	Jon Wilkinson-Lockyer	Tor 2000	V	00:55:49	11:49
50	Paul Jones	Primera-Teamjobs	V	00:50:37	11:50
51	Michael Cross	Yorkshire Road Club	V	00:52:15	11:51
52	Mark Bradley	Bristol South Cycling Club	V	00:53:10	11:52
53	Daniel Shaw	Halifax Imperial Whs	V	00:53:49	11:53
54	Clive Franklin	Somerset Road Club	V	00:55:04	11:54
55	Ryan Morley	Royal Air Force Cycling Association	S	00:52:33	11:55
56	Andrew Legge	Bristol South Cycling Club	V	00:53:13	11:56
57	Henrik Persson	Kingston Wheelers CC	S	00:53:33	11:57
58	Chris Fishbourne	Abercynon Road Club	V	00:54:19	11:58
59	Giles Oakley	Clevedon & District Road Club	V	00:55:42	11:59
60	Ioan Smallwood	Cardiff Ajax CC	S	00:48:46	12:00
61	Robert Willcocks	Royal Air Force Cycling Association	S	00:51:24	12:01
62	Peter Garnett	Swindon Road Club	V	00:53:09	12:02
63	Paul Cannon	Porth & District CC	V	00:53:48	12:03
64	lain Cade	Bath Cycling Club	S	00:54:56	12:04
65	Paul Fleming	Preston Whs	V	00:50:36	12:05
66	Liam Bard	Revo Racing	S	00:52:30	12:06
67	Ruan Bester	Bath Cycling Club	S	00:53:32	12:07
68	Matt Robinson	Westbury Wheelers	V	00:54:18	12:08
69	Ian Deakin	Mid Devon CC	V	00:55:41	12:09
70	Jon Wynn	T1 Diabetes.info	V	00:48:28	12:10
71	Steven Cottington	Bath Cycling Club	V	00:51:24	12:11
72	Martyn Shore	Walsall Roads Cycling Club	S	00:53:07	12:12
73	Andy Davies	Cardiff Jif	S	00:53:47	12:13
74	Stephen Taylor	Team NBCC	V	00:54:56	12:14
75	Lee Morgan	Team Bottrill	V	00:50:24	12:15
76	Michael Portlock	EC Cycles	V	00:52:30	12:16
77	Thomas Shuker	Walsall Roads Cycling Club	S	00:53:30	12:17
78	Rod Hicks	Port Talbot Whs CC	V	00:54:16	12:18
79	Colin Lizieri	Cambridge CC	V	00:55:39	12:19
80	David Woodhouse	G.S. Henley	S	00:48:07	12:20
81	Charles Zanettacci	Cheltenham & County Cycling Club	V	00:51:21	12:21
82	Daryl May	Sheffrec CC	V	00:53:03	12:22
83	Mark Mccartney	Nottingham Clarion CC	V	00:53:43	12:23
84	Andy Hazell	Mid Shropshire Wheelers	V	00:54:55	12:24
85	Ben Phillips	Bynea Cycling Club	S	00:50:23	12:25
86	Carwyn Davies	Cwmcarn Paragon Road Club	S	00:52:27	12:26
87	James Jenkins	successcycling.co.uk	S	00:53:39	12:27
88	Andy Millward	Yeovil Cycling Club	V	00:54:16	12:28
89	James Lindsay	THR Racing	S	00:55:30	12:29
90	Conrad Moss	Mid Devon CC	V	00:47:50	12:30
91	Luke Cornish	Cwmcarn Paragon Road Club	V	00:51:20	12:31
92	Simon Collins	Dulwich Paragon CC	V	00:53:02	12:32
93	Simon Beard	Yeovil Cycling Club	V	00:53:42	12:33

No	Name	Club	Cat	LTS	Time
94	Michael Allen	Team Jewson - MI Racing	V	00:54:53	12:34
95	Jon Surtees	SSLL Racing Team	V	00:50:22	12:35
96	Tim Davies	Icknield RC	V	00:52:21	12:36
97	Mark Woolford	Chippenham & District Wheelers	V	00:53:25	12:37
98	Gareth Jones	Velo Club St Raphael	V	00:54:13	12:38
99	Greg Plummer	Springfield Financial	V	00:55:43	12:39
100	Stephen Irwin	North Lancs RC	V	00:47:06	12:40
101	Nicholas Latimer	Rutland Cycling Club	S	00:51:19	12:41
102	Keith Ainsworth	Sheffrec CC	V	00:51:18	12:42
103	Simon Ker	Bath Cycling Club	S	00:53:53	12:43
104	James Churchard	Reading CC	S	00:54:43	12:44
105	David Harding	Chelmer CC	S	00:50:19	12:45
106	Philip Murrell	Finsbury Park CC	V	00:52:18	12:46
107	Paul Hayward	Cwmcarn Paragon Road Club	V	00:53:23	12:47
108	Lawrence Wintergold	Hounslow & District Whs	V	00:54:12	12:48
109	Paul Winchcombe	Chippenham & District Wheelers	V	0:55:22	12:49
110	Marcin Bialoblocki	One Pro Cycling	S	00:50:00	12:50
111	Peter Greenwood	Team Swift	V	00:51:18	12:51
112	Andrew Grant	Cambridge CC	V	00:53:13	12:52
113	Paul Lambert	Chippenham & District Wheelers	V	00:53:40	12:53
114	Tom Cox	Northover VT / Rudy Project	V	00:55:08	12:54
115	Gary Chambers	Fareham Wheelers CC	S	00:50:15	12:55
116	Jon Smith	Fareham Wheelers CC	V	00:52:46	12:56
117	Howard Waller	Python RT	V	00:53:23	12:57
118	Gary Rickards	Cheltenham & County Cycling Club	V	00:54:27	12:58
119	Tim McEvoy	Lanhydrock Wheelers	S	00:51:25	12:59
120	Kieron Davies	DRAG2ZERO	S	00:46:32	13:00