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'PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRAILS UNDER THEIR RULES AND REGULATIONS'

## **Saturday 17<sup>th</sup> March 2018 R10/17**

Timekeepers – Start: Phyllis Harridine Finish: Robin Field

## **Results**

1<sup>st</sup> Male- Luke Cornish (Cwmcarn Paragon) 00:21:16

2<sup>nd</sup> Male- Simon Garrett (Worcester St Johns CC ) 00:22:20

3<sup>rd</sup> Male- Richard Gambling (Team Backstedt Bike Performance) 00:22:22

1<sup>st</sup> Lady- Anna Morris (Southampton Uni RC) 00:22:15

2<sup>nd</sup> Lady- Laura Clements ( Cardiff Triathletes) 00:25:28

3<sup>rd</sup> Lady- Emma Angrove (73 Degress CC, Westside Coaching) -00:25:39

1<sup>st</sup> Vet Male- Simon Garrett (Worcester St Johns CC) 00:22:20

1<sup>st</sup> Vet Female- Michelle Fishbourne (Team Backstedt Bike Performance) 0025:40

1<sup>st</sup> Junior- Krispin Gardener (Bristol Rc) 00:28:43

Event Secretary – Heather Williams: Southfield, 68 Cog Rd, Sully, Cardiff. CF64 5TE

Tel: 07973266315 Email: fioredirect@aol.com

Many thanks to everyone who rode, the marshals, tea and cake providers and the Time Keepers.

1416CraigNilssonRye & District Wneelers CC00:24:45SeniorLS152CliveGrangerCardiff Triathletes00:24:59Veteran1656StephenEggletonStratford Cycling Club00:25:05Senior1729MattColleyCardiff Triathletes00:25:07Senior1863lauraclementsCardiff Triathletes00:25:28Senior(W)1926EmmaAngoveCoaching00:25:39Senior (W)2073MichelleFishbournePerformance00:25:40Veteran(W)2139HarryLewisLondon Dynamo00:25:43Espoir2242JoshTownsendBynea Cycling Club00:25:44Espoir2374CarsonPryceCardiff Triathletes00:25:44Espoir2452MartinHoweVELOFLOW CC00:26:00Veteran2566PhilGuyNorth Shropshire Wheelers00:26:20Veteran2612AdrianOsbornStratford Cycling Club00:26:40Veteran2782JordanJonesSportzmad00:27:00SeniorIncl 2	POS	BIB	FIRST NAME	LAST NAME	CLUB	TIME	Category	Late Starts
3 30 Simon Garrett Worcester St. Johns CC 00:22:20 Veteran  4 85 Richard Gambling Performance 00:22:22 Veteran  5 51 Thomas Dye Cardiff Ajax CC 00:23:40 Senior  6 6 John O'Dwyer Dursley Road Club 00:23:45 Senior  8 41 Simon Adcook Worcester St. Johns CC 00:23:47 Veteran  9 87 neil turner Hereford Triathlon Club 00:23:47 Veteran  10 19 Paul Lacey Sportzmad 00:24:19 Senior  11 3 Mark Prosser Merthyr CC 00:24:30 Senior  12 9 Oliver Dammone Gloucester City Cycling Club 00:24:35 Senior  13 37 Morgan Meaney Cardiff Triathletes 00:24:41 Senior  14 16 Craig Nilsson Rye & District Wheelers CC 00:24:45 Senior  15 2 Clive Granger Cardiff Triathletes 00:24:59 Veteran  16 56 Stephen Eggleton Stratford Cycling Club 00:25:05 Senior  17 29 Matt Colley Cardiff Triathletes 00:25:07 Senior  18 63 laura clements Cardiff Triathletes 00:25:07 Senior  19 26 Emma Angove Cardiff Triathletes 00:25:07 Senior Weteran Performance 00:25:40 Veteran O0:25:44 Espoir Cardiff Triathletes 00:25:40 Senior Weteran O0:25:44 Senior Cardiff Triathletes 00:25:44 Senior Weteran O0:25:44 Senior Cardiff Triathletes 00:25:44 Senior Senior O0:25:44 Senior Cardiff Triathletes 00:25:40 Senior O0:25:40 Senior Weteran O0:25:44 Senior Cardiff Triathletes O0:25:40 Senior Weteran O0:25:44 Senior Weteran O0:25:45 Senior Weteran O0:25:46 Senior Senior Weteran O0:25:46 Senior Senior Weteran O0:25:46 Senior Senior Weteran O0:25:46 Senior Sen	1	70	Luke	Cornish	Cwmcarn Paragon Road Club	00:21:16	Senior	
1	2	81	Anna	Morris	Southampton University RC	00:22:15	Senior(W)	
4         85 Richard         Gambling         Performance         00:22:22         Veteran           5         51 Thomas         Dye         Cardiff Ajax CC         00:23:40         Senior           6         6 John         O'Dwyer         Dursley Road Club         00:23:45         Senior           7         24 Gareth         Jones         Clevedon & District Road Club         00:23:47         Veteran           8         41 Simon         Adcook         Worcester St. Johns CC         00:23:48         Veteran           9         87 neil         turner         Hereford Triathlon Club         00:24:10         Veteran           10         19 Paul         Lacey         Sportzmad         00:24:19         Senior           11         3 Mark         Prosser         Merthyr CC         00:24:30         Senior           12         9 Oliver         Dammone         Gloucester City Cycling Club         00:24:35         Senior           13         37 Morgan         Meaney         Gardiff Triathletes         00:24:45         Senior           14         16 Craig         Nilsson         Rye & District Wheelers CC         00:24:45         Senior           15         2 Clive         Granger         Cardiff Triathletes	3	30	Simon	Garrett	Worcester St. Johns CC	00:22:20	Veteran	
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Incl 1	27	82	Jordan	Jones	Sportzmad	00:27:00	Senior	Incl 2:50 LS
28   17   Jasmine   Bowyer   Cardin Ajax CC   00:27:20   Senior(W)   LS	28	17	Jasmine	Bowyer	Cardiff Ajax CC	00:27:20	Senior(W)	Incl 1:20 LS
29 49 Owen Evans Cardiff Triathletes 00:27:38 Senior	29	49	Owen	Evans	Cardiff Triathletes	00:27:38	Senior	
30 23 Stuart Edgar Cardiff Triathletes 00:27:40 Senior	30	23	Stuart	Edgar	Cardiff Triathletes	00:27:40	Senior	

31	62	Geoff	Edgerton	North Shropshire Wheelers	00:27:41	Veteran	
32	28	Roxy	Woodfield	Hereford Triathlon Club	00:27:57	Senior(W)	
33	71	David	Mort	Cardiff Triathletes	00:28:33	Senior	Incl 2:29 LS
34	57	Krispin	Gardiner	Bristol Road Club	00:28:43	Junior	Incl 3:15 LS
35	84	Richard	Mackin	Cardiff Triathletes	00:28:45	Veteran	Incl 1:20 LS
36	79	Richard	Jenkins	Cardiff Triathletes	00:29:09	Veteran	
37	58	Helen	Priest	Cardiff Ajax CC	00:29:46	Veteran (W)	
38	38	michael	gelder	Tricycle Association South West	00:30:00	Veteran	TRIKE
39	69	Matthew	Stevens	Gloucester City Cycling Club	00:30:12	Senior	
40	14	Gillian	Hopkins	Team CRANC	00:30:15	Veteran(W)	Incl 1:00 LS
41	27	Michael	Williams	Hereford & Dist Whs CC	00:30:18	Veteran	
42	45	Sarah	Gatley	Cardiff Triathletes	00:30:29	Senior(W)	
43	54	Alex	Richards	Abercynon Road Club	00:35:32	Senior	Incl 0:20 LS
44	8	Bill	Snowdon	Cardiff Triathletes	00:36:14	Veteran	Incl 5:18 LS
45	1	Leon	Evans	Cardiff Ajax CC	dns	Veteran	
46	3	Brian	Parker	Abercynon Road Club	dns	Veteran	
47	4	Anthony	Bannon	Cardiff Ajax CC	dns	Senior	
48	5	Robert	Hughes	Rhondda Triathlon Club	dns	Veteran	
49	7	Richard	Rees	Cardiff Ajax CC	dns	Senior	
50	10	Andy	Davies	Cardiff Jif	dns	Senior	
51	11	Owain	Roberts	Port Talbot Whs CC	dns	Senior	
52	13	Michael	Battersby	Cardiff Triathletes	dns	Veteran	
53	15	Philip	Sims	Newport Phoenix CC	dns	Veteran	
54	18	Sally	Harmer	Pembrokeshire Velo	dns	Veteran(W)	
55	20	Victoria	Smith	AeroCoach	dns	Senior(W)	
56	21	James	Coxon	Caerphilly Cycling Club	dns	Veteran	
57	25	Tej	Quine	Cardiff Triathletes	dns	Veteran(W)	
58	31	Paul	Jones	Team Backstedt Bike Performance	dns	Veteran	
59	32	lan	Liddiatt	Cardiff Triathletes	dns	Veteran	
60	33	Paul	Haig	Cheltenham & County Cycling Club	dns	Veteran	

61	34	Angharad	Pocock	Cardiff Triathletes	dns	Veteran(W)
				Team Backstedt Bike		Veteran
62	35	Steven	Powell	Performance	dns	Veteran
63	36	Dean	Prosser	Hereford & Dist Whs CC	dns	Veteran
64	40	Steven	Cottington	Bath Cycling Club	dns	Veteran
65	43	Shona	Bennett	Sportzmad	dns	Senior(W)
66	44	Lester	Grant	Auchencrow Thistle CC	dns	Senior
67	46	dean	ware	Team Backstedt Bike Performance	dns	Senior
68	47	Neil	Meredith	Abercynon Road Club	dns	Senior
69	48	Edward	Lemmon	Finchley RT	dns	Junior
70	50	Julian	Harper	Revo Racing	dns	Veteran
71	53	ROBIN	FOX	Dursley Road Club	dns	Veteran
72	55	Andrew	Overton	Successcycling.co.uk	dns	Veteran
73	59	lan	Gibson	Abercynon Road Club	dns	Veteran
74	60	Michiel	Vaal	Team Backstedt Bike Performance	dns	Veteran
75	61	Chris	Fishbourne	Team Backstedt Bike Performance	dns	Veteran
76	65	David	Bucknall	Hereford & Dist Whs CC	dns	Veteran
77	65	Mark	Palliser	Royal Dean Forest Cycle Club	dns	Veteran
78	67	Kerry	Trigg	Ross on Wye & Dist CC	dns	Veteran
79	68	Kevin	Thomas	Pontypool Road Cycling Club	dns	Veteran
80	72	Ryan	O'Rourke	Cwmcarn Paragon Road Club	dns	Senior
81	75	Peter	Hatt	Velo Club St Raphael	dns	Veteran
82	76	William	Baugh	Ludlow CC	dns	Veteran
83	77	Roger	Wood	Pontypool Road Cycling Club	dns	Veteran
84	78	Ali	Charles	Gloucester City Cycling Club	dns	Veteran
85	80	Chris	Massey	Team Backstedt Bike Performance	dns	Veteran
86	83	Gaynor	Hughes	Bynea Cycling Club	dns	Veteran(W)
87	86	Anthony	Williams	Ogmore Valley Wheelers CC	dns	Veteran
88	88	Lewis	Keightley	Primera-Teamjobs	dns	Senior