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'PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS'

Saturday August 20th 2016 R10/22 - 4.00pm

Timekeepers - Start: Tudor Thomas, Finish: Robin Field

EVENT SEC: Heather Dennis, Southfield, 68 Cog Rd, Sully. Cardiff CF64 5TE Mobile: 07973266315. Complaints should be made in writing to the promoting secretary within 24hrs.

<u>Event Headquarters - TRW Club Resolven, Neath, West Glamorgan, SA11 4HN (Open from 3.00pm).</u>

Google maps:

https://www.google.com/maps/search/SA11+4HN+Resolven+Neath+UK/@51.709182,-3.706882,14z?hl=en-US

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ, IN THE INTERESTS OF YOUR OWN SAFETY CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A <u>HARD SHELL HELMET</u> THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REGULATION 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

Course Description R10/22, Resolven, Neath.

Start on the Vale of Neath Supplier Estate service road opposite lampost No.18. Proceed eastwards along service road to Resolven roundabout (0.458 miles).NB: SAFETY NOTICE: Do not cross the centre line off the road on the right hand bend. Take first left along A465 dual carriagewaywestbound to first exit left (4.862 miles). Continue up the loop to Tonna roundabout where you take the first exit to Aberdulais Interchange. Take the fourth exit (5.505 miles) down slip road to rejoin A465 dual carriageway. Proceed Eastbound to Resolven roundabout where you take the first exit left to FINISH on access road to canal car park on cross valley link road

Prize List: In each of the following categories Overall 1st £20, 2nd £15, 3rd £10, 1st Lady £15, 1st Vet £15

One rider one prize. Prizes will be posted.

Please do not use adhesive tape to affix your race number, use the pins provided.

Free tea or coffee on return of your number. A selection of cakes will be available for very reasonable prices.

Have a safe ride and we hope to see you again at the other Sportzmad events:
03/09/2016 R10/17